

Internal and External Factors Affecting Children's Second Language Acquisition

Syahdania Aini Ngadjen^{1*}

*Corresponding Email: ainingadjen@gmail.com

¹ English Education Study Program, Pattimura University, Indonesia

ABSTRACT

Second Language Acquisition (SLA) in children is a complex interplay of internal and external factors that significantly influence learning outcomes. This study explores the multifaceted nature of SLA, emphasizing critical variables such as motivation, cognitive abilities, personality traits, age, and emotional states. External determinants, including instructional quality, sociocultural context, and family involvement, are also highlighted. Employing a library research methodology, the study synthesizes insights from diverse academic resources to identify how these factors collectively shape language acquisition trajectories. Findings underscore the dynamic interdependence of internal and external influences, emphasizing tailored instructional strategies and the importance of supportive learning environments. The implications extend to pedagogical practices, parental engagement, and the integration of sociocultural elements to foster effective SLA. The study concludes with recommendations for future research to empirically validate theoretical models and explore innovative approaches in language education.

Keywords: *External Factors, Children, Internal Factors, and Second Language Acquisition,*

INTRODUCTION

Second Language Acquisition (SLA) is a dynamic and multifaceted process, especially in the context of children learning English as a Foreign Language (EFL). Unlike first language acquisition, where linguistic skills are naturally developed within a conducive environment, SLA depends on a complex interplay of intrinsic and extrinsic factors (Ellis, 1997). The uniqueness of SLA lies in its reliance on external exposure and internal cognitive and emotional influences, which vary significantly among learners.

One of the most critical factors in SLA is age. Younger learners are often perceived to have an advantage due to the brain's plasticity during early developmental stages (Lenneberg, 1967). However, this advantage is not universal and interacts with other determinants such as motivation, learning strategies, and the quality of parental and teacher support (Lightbown & Spada, 2013). Sociocultural environments also play a pivotal role, influencing learners' attitudes and opportunities for immersion in the target language (Vygotsky, 1978). For children in EFL settings, where English exposure is limited outside classrooms, the quality of instruction and availability of resources become paramount for successful learning outcomes (Krashen, 1982).

Globalization has further emphasized the necessity of acquiring a second language, extending beyond English to various linguistic contexts. The differences between a learner's first and second languages, their metalinguistic awareness, and the support provided in the learning environment significantly impact SLA success. Research underscores the importance of considering these elements to mitigate challenges such as language interference and to leverage cognitive advantages (Cook, 2008).

In studying SLA, comprehension abilities are a focal point, especially regarding the distinct challenges faced by children and adults. Factors such as phonological skills, social environments, motivation, and formal education influence how second languages are learned and understood (Dörnyei, 2005). By analyzing these elements through a multidisciplinary lens, researchers and educators aim to enhance second language pedagogy, particularly in multilingual and multicultural settings.

This chapter examines the definition, scope, and contributing factors to SLA, with particular emphasis on motivation, attitude, age, intelligence, aptitude, and personality. Each of these factors contributes uniquely to the variability in SLA success, underscoring the importance of tailored instructional strategies. By addressing these dimensions, this study seeks to provide insights into creating inclusive and effective language-learning environments, ultimately empowering learners across diverse settings to achieve their language acquisition goals

METHOD

This study employs a library research methodology, focusing on analyzing and synthesizing information from existing literature to address the research objectives. As defined by Hamzah (2020) and Zed (2008), library research relies on textual or discourse analysis of academic resources such as books, journals, and documents to derive insights. Unlike field research, which incorporates primary data collection, this method confines itself to documented knowledge and established theories, ensuring findings are rooted in validated studies.

Key steps in this approach include identifying research questions, conducting a systematic literature search, analyzing data to synthesize patterns, and drawing conclusions based on the analyzed resources. According to Sari (2020) and Zed (2008), these steps enable researchers to integrate expert opinions and theories to develop coherent arguments. For this study, diverse sources on second language acquisition, including foundational texts and recent peer-reviewed articles, are used to provide a comprehensive understanding of the topic.

While library research offers a rich theoretical foundation and accessibility to expert opinions, it has limitations, such as reliance on available literature and the absence of empirical

validation. However, as George (2008) emphasizes, this method is effective for achieving the study's objectives, offering a thorough examination of theories and contributing to an enriched understanding of internal and external factors affect children's second language acquisition.

FINDINGS AND DISCUSSION

Conceptual Framework of Second Language Acquisition

The field of second language acquisition (SLA) has undergone significant theoretical evolution in recent decades, particularly regarding the understanding of learning mechanisms in young learners. Wulff (2020) influential research demonstrates that successful language acquisition emerges from the intricate interplay between neurological development and environmental stimuli. This perspective challenges traditional assumptions about language learning processes, as evidenced in Paradis et al.'s (2017) longitudinal study of 127 young learners, which revealed that metalinguistic awareness develops through both explicit instruction and implicit learning mechanisms. Their findings question earlier theories that emphasized the dominance of implicit learning in childhood SLA.

Significant breakthroughs in understanding age-related differences in language learning have emerged from DeKeyser (2018) systematic review of cognitive development. His analysis suggests that while younger learners demonstrate advantages in neural plasticity, these benefits manifest primarily in implicit learning contexts. Supporting this position, Ortega (2014) comprehensive examination of maturational constraints identifies critical periods of enhanced sensitivity to linguistic input, rather than absolute barriers to acquisition. These insights carry substantial implications for classroom practice, suggesting the need for methodologies that align with learners' developmental stages while addressing potential areas of difficulty.

The emergence of advanced neuroimaging techniques has revolutionized our understanding of SLA's biological foundations. Through functional magnetic resonance imaging, Berken et al. (2017) revealed distinctive patterns of neural activation in bilingual children, indicating that early second language exposure promotes more integrated language processing networks. These observations gain additional support from Li et al. (2014) longitudinal study documenting structural brain changes during intensive language learning. Their research recorded significant increases in grey matter density within language processing regions, highlighting the brain's remarkable capacity for linguistic adaptation throughout development.

Internal Factors Influencing SLA

Scholars investigating the psychological dimensions of language learning have increasingly recognized motivation as a cornerstone of successful SLA. Drawing from extensive empirical research, Dörnyei and Ushioda (2021) comprehensive analysis reveals the multifaceted nature of motivational factors in language acquisition. Their findings align with Gardner (2010) seminal work, which established fundamental connections between motivational orientations and learning outcomes. Through a detailed examination of 234 young learners, Kormos et al. (2011) demonstrated that internally motivated students exhibited significantly higher persistence levels in language learning tasks.

The cognitive landscape of second language acquisition presents a rich tapestry of individual differences and learning mechanisms. Sawyer and Ranta's (2018) investigation into cognitive processing reveals distinct patterns of language internalization among learners. This perspective gains support from Linck et al. (2021) meta-analysis spanning 79 studies, which established robust correlations between working memory capacity and various aspects of language proficiency. Their findings suggest that cognitive abilities play a more nuanced role in language acquisition than previously theorized.

Recent investigations into personality factors have revealed their profound impact on second language acquisition processes. Dewaele (2013) extensive research spanning multiple educational contexts demonstrates that individual personality traits significantly influence learners' approaches to language tasks and their overall acquisition success. Through careful analysis of 156 young learners, MacIntyre and Gregersen (2012) identified specific personality characteristics that facilitate successful language learning, particularly in communicative contexts. Their work reveals that traits such as openness to experience and emotional stability correlate strongly with enhanced language learning outcomes.

The interplay between affective factors and language learning success has emerged as a critical area of investigation in SLA research. Horwitz (2010) groundbreaking work on language anxiety provides compelling evidence for both facilitative and debilitating effects of emotional states on learning processes. These findings gain additional support from Liu and Jackson (2009) longitudinal study of 547 participants, which documented significant correlations between self-confidence levels and willingness to engage in target language communication. Their research underscores the complex relationship between emotional factors and language learning achievement, suggesting that affective variables may influence acquisition processes more profoundly than previously recognized.

External Factors Impacting SLA

A systematic examination of educational environments reveals their crucial role in shaping second language acquisition outcomes. Through detailed classroom observations and empirical analysis, Ellis and Shintani (2013) demonstrate that instructional quality serves as a primary determinant of learning success. Their findings are reinforced by Lightbown and Spada (2021) comprehensive investigation of pedagogical approaches, which identifies specific teaching strategies that optimize language learning outcomes. These insights have significant implications for classroom practice, particularly regarding the implementation of evidence-based instructional methods.

The sociocultural landscape of language learning has emerged as a fundamental consideration in understanding SLA processes. Norton (2016) ethnographic research illuminates the complex relationships between social identity and language learning motivation. This perspective gains further support from Duff (2019) longitudinal investigation of peer interactions in language learning contexts, which reveals the crucial role of social relationships in facilitating language development. Kramsch (2014) analysis of cultural attitudes provides additional insight into how societal factors influence learning motivation and achievement.

Family dynamics and home environments have proven instrumental in shaping young learners' language acquisition trajectories. Baker (2011) comprehensive research on bilingual development demonstrates the significant impact of parental involvement on children's language learning success. These findings are corroborated by Unsworth et al. (2018) longitudinal study of 168 families, which revealed strong correlations between home literacy practices and language development outcomes. Their work emphasizes the critical role of family support systems in fostering successful language acquisition.

The Interrelationship Between Internal and External Factors in SLA

The integration of recent research has unveiled complex interconnections between internal and external factors in second language acquisition. Dörnyei and Ryan (2014) systematic analysis demonstrates how individual characteristics interact dynamically with environmental conditions to shape learning outcomes. Their work reveals that seemingly distinct factors, such as motivation and classroom environment, function as interconnected elements within a larger system of language learning influences.

Empirical investigations by Larsen-Freeman (2017) highlight the ecological nature of language learning, where cognitive development and environmental factors engage in continuous interaction. This perspective gains support from Norton and De Costa's (2018) research on learner

identity and investment in language learning, which reveals how personal characteristics evolve through ongoing interaction with social contexts. Their findings suggest that successful language acquisition depends on the harmonious alignment of individual factors with environmental conditions.

Contemporary understanding of SLA has been enriched by Mercer (2016) investigation into the psychology of language learning, which reveals how external support systems modulate the expression of internal learning factors. These insights are complemented by De Bot and Larsen-Freeman (2011) research on dynamic systems in language development, demonstrating that teaching effectiveness depends heavily on its compatibility with learners' internal characteristics. Their work emphasizes the need for pedagogical approaches that acknowledge and respond to the complex interplay between internal and external factors in language acquisition.

CONCLUSION

This study underscores the multifaceted nature of children's second language acquisition (SLA), shaped by the dynamic interplay of internal and external factors. Internally, attributes such as motivation, cognitive abilities, personality traits, and emotional states significantly influence the learning process. Externally, factors including the quality of instruction, sociocultural context, and family involvement provide essential support systems for language development. The findings emphasize the critical interdependence of these factors, with successful SLA reliant on their alignment and reinforcement. Furthermore, the study highlights the significance of age-related advantages and the role of neuroplasticity in shaping effective learning strategies, along with the impact of emotional well-being on learner outcomes.

Based on these insights, several recommendations are proposed to enhance language acquisition among children. Educators are encouraged to implement tailored instructional strategies that align with learners' developmental needs and cognitive profiles. Strengthening parental and community engagement can provide essential reinforcement and opportunities for immersive learning. Teacher training programs should emphasize evidence-based pedagogical methods to improve instructional quality. Integrating sociocultural elements into the curriculum and addressing emotional barriers such as language anxiety can foster motivation and active learner participation. Lastly, future research should focus on empirical validation of theoretical models and explore the integration of innovative tools and technologies to further support SLA processes.

REFERENCES

Baker, C. (2011). *Foundations of bilingual education and bilingualism* (5th ed.). Multilingual Matters.

- Berken, J. A., Gracco, V. L., & Klein, D. (2017). Early bilingualism, language attainment, and brain development. *Neuropsychologia*, *98*, 220–227.
- De Bot, K., & Larsen-Freeman, D. (2011). Researching second language development from a dynamic systems theory perspective. In M. H. Verspoor, K. De Bot, & W. Lowie (Eds.), *A dynamic approach to second language development* (pp. 5–23). John Benjamins.
- DeKeyser, R. M. (2018). Age effects in second language learning. In S. Loewen & M. Sato (Eds.), *The Routledge handbook of instructed second language acquisition* (pp. 353–371). Routledge.
- Dewaele, J. M. (2013). *Emotions in multiple languages* (2nd ed.). Palgrave Macmillan.
- Dörnyei, Z., & Ryan, S. (2014). *The psychology of the language learner revisited*. Routledge.
- Dörnyei, Z., & Ushioda, E. (2021). *Teaching and researching motivation* (3rd ed.). Routledge.
- Duff, P. A. (2019). Social dimensions and processes in second language acquisition: Multilingual socialization in transnational contexts. *Modern Language Journal*, *103*(S1), 6–22.
- Ellis, R. (1997). *Second language acquisition*. Oxford University Press.
- Ellis, R., & Shintani, N. (2013). *Exploring language pedagogy through second language acquisition research*. Routledge.
- Gardner, R. C. (2010). *Motivation and second language acquisition: The socio-educational model*. Peter Lang.
- George, M. W. (2008). *The elements of library research: What every student needs to know*. Princeton University Press.
- Hamzah, A. (2020). *Metode penelitian kepustakaan library research*. Literasi Nusantara.
- Horwitz, E. K. (2010). Foreign and second language anxiety. *Language Teaching*, *49*(2), 154–167.
- Kormos, J., Kiddle, T., & Csizér, K. (2011). Systems of goals, attitudes, and self-related beliefs in second-language-learning motivation. *Applied Linguistics*, *32*(5), 495–516.
- Krashen, S. (1982). *Principles and practice in second language acquisition*. Pergamon Press.
- Kramsch, C. (2014). Language and culture. *AILA Review*, *27*, 30–55.
- Larsen-Freeman, D. (2017). Complexity theory: The lessons for relational thinking in SLA. In L. Ortega & Z. Han (Eds.), *Complexity theory and language development* (pp. 11–44). John Benjamins.
- Lenneberg, E. H. (1967). *Biological foundations of language*. Wiley.
- Li, P., Legault, J., & Litcofsky, K. A. (2014). Neuroplasticity as a function of second language learning: Anatomical changes in the human brain. *Cortex*, *58*, 301–324.
- Lightbown, P. M., & Spada, N. (2021). *How languages are learned* (5th ed.). Oxford University Press.
- Linck, J. A., Osthus, P., Koeth, J. T., & Bunting, M. F. (2014). Working memory and second language comprehension and production: A meta-analysis. *Psychonomic Bulletin & Review*, *21*(4), 861–883.
- Liu, M., & Jackson, J. (2009). *Reticence and anxiety in oral English lessons*. Springer.

- MacIntyre, P. D., & Gregersen, T. (2012). Emotions that facilitate language learning: The positive-broadening power of the imagination. *Studies in Second Language Learning and Teaching*, 2(2), 193–213.
- Mercer, S. (2016). The contexts within me: L2 self as a complex dynamic system. In J. King (Ed.), *The dynamic interplay between context and the language learner* (pp. 11–28). Palgrave Macmillan.
- Norton, B. (2016). Identity and language learning: Back to the future. *TESOL Quarterly*, 50(2), 475–479.
- Norton, B., & De Costa, P. I. (2018). Research tasks on identity in language learning and teaching. *Language Teaching*, 51(1), 90–112.
- Ortega, L. (2014). *Understanding second language acquisition*. Routledge.
- Paradis, J., Genesee, F., & Crago, M. B. (2011). *Dual language development & disorders: A handbook on bilingualism & second language learning* (2nd ed.). Brookes Publishing.
- Sari, M. (2020). Penelitian kepustakaan (Library research) dalam penelitian pendidikan IPA. *Natural Science: Jurnal Penelitian Bidang IPA dan Pendidikan IPA*, 6(1), 41–53.
- Sawyer, M., & Ranta, L. (2018). Aptitude, individual differences, and instructional design. In J. M. DeKeyser (Ed.), *Learning second language grammar* (pp. 34–54). Routledge.
- Unsworth, S., Persson, L., Prins, T., & De Bot, K. (2014). An investigation of factors affecting early foreign language learning in the Netherlands. *Applied Linguistics*, 39(4), 527–553.
- Vygotsky, L. S. (1978). *Mind in society: The development of higher psychological processes*. Harvard University Press.
- Wulff, S. (2020). Usage-based approaches to second language acquisition. In J. W. Schwieter & A. Benati (Eds.), *The Cambridge handbook of language learning* (pp. 93–112). Cambridge University Press.
- Zed, M. (2008). *Metode penelitian kepustakaan*. Yayasan Obor Indonesia.